

MEALS ON WHEELS NORTH CENTRAL TEXAS

NOT GOING TO BE HOME? NOTIFY 48 HOURS IN ADVANCE.

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MAY 2025

YOUR COPY TO KEEP

28	29	30	01	02
10 			A) BBQ Pork Rib Patty <u>OR</u> B) Meatloaf with Brown Gravy Sweet Potato Puffs Green Beans Dinner Roll	A) Chicken Enchilada Bake <u>OR</u> B) Bean Tamale Pie Spanish Rice Dilled Carrots
05	06	07	08	09
A) Turkey Pastrami and Swiss Cheese <u>OR</u> B) Tuna Salad Lettuce & Tomato Pasta Salad Wheat Bread	A) Cheese Omelet <u>OR</u> B) Garlic Rosemary Chicken Cheese Grits Country Tomatoes Multigrain Bread	A) Turkey Macaroni and Cheese <u>OR</u> B) Cheeseburger Macaroni Broccoli Squash & Zucchini Dinner Roll	A) King Ranch Chicken Casserole <u>OR</u> B) Beef Enchilada Pie Confetti Rice Glazed Carrots	A) Tomato Basil Chicken <u>OR</u> B) Creole Steak Oven Roasted Potatoes Green Peas Texas Bread
12	13	14	15	16
Turkey Breast with Gravy Garlic Whipped Potatoes Catalina Veggies Dinner Roll 	A) Mozzarella Chicken <u>OR</u> B) Swiss Steak Bowtie Pasta Spinach Multigrain Bread	A) Beef Taco <u>OR</u> B) Chicken Taco Fiesta Veggies Southwest Corn Flour Tortilla	A) Turkey Pasta Bolognese <u>OR</u> B) Ham Broccoli Rice Casserole Green Peas Harvard Beets Texas Bread	A) Chicken Salad <u>OR</u> B) Tuna Salad Bean Salad Pineapple Tidbits Club Crackers

This menu is based on product availability, substitutions may be made.

19	20	21	22	23
A) Breaded Pork with Brown Gravy OR B) Turkey and White Beans Parslied Rice Green Beans Cornbread	A) Meatloaf with Brown Gravy OR B) Honey Mustard Chicken Garlic Whipped Potatoes Medley Cabbage Multigrain Bread	A) Hamburger Patty OR B) Chipotle BBQ Diced Chicken Lettuce & Tomato Ranch Beans Hamburger Bun Mixed Fruit Crisp	A) Turkey Macaroni & Cheese OR B) Beef Stroganoff Sliced Carrots Spinach Dinner Roll	A) Chicken Alfredo OR B) Loaded Potato Casserole Green Beans Country Tomatoes Texas Bread
26	27	28	29	30
Beef Hot Dog Tater Gems Mixed Veggies Hot dog Bun 	A) Tuna Noodle Au Gratin OR B) Italian Shells & Cheese Parmesan Tomatoes Broccoli Multigrain Bread	A) Chicken & Dumplings OR B) Homestyle Beef Casserole Whole Kernel Corn Brussel Sprouts Dinner Roll	A) Salisbury Beef with Brown Gravy OR B) Ham with Raisin Sauce Whipped Potatoes Glazed Carrots Wheat Bread	A) Chef Salad OR B) Grilled Chicken Salad Diced Peaches Green Pea Salad Club Crackers